

DadPad[®]



Introducing the DadPad...

The DadPad was created because babies don't come with a set of instructions.

Developed with the NHS, the DadPad gives new dads and dads-to-be the knowledge and practical skills necessary to be able to support themselves and their partner, and give their baby the best possible start in life.

The **DadPad** app is available for free download for all new dads and dads-to-be in your area.

Simply enter the search term '**DadPad**' into the app store for your phone/tablet and download.

Once the app is installed, enter your postcode when prompted and select your local area or hospital.

You can also buy a hard copy version of the DadPad for just **£10.00** via the www.thedadpad.co.uk website.

For more information on DadPad:

www.thedadpad.co.uk



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